

Composite Resin Fillings Post-Procedure Instructions

Composite resin, also known as ‘white filling’ material, is usually placed after local anesthesia. Below is some information on what you can expect.

Local anesthesia causes numbness in your tongue and lips. Avoid chewing hard foods until the numbness has worn off completely.

It is normal to experience some sensitivity to heat, cold and pressure after your appointment. It is not uncommon for the tooth to be sensitive for a few weeks or months. You may also experience soreness in the gums for 1-3 days.

White fillings set immediately once they are placed. This means that you can chew normally once the anesthesia wears off.

The effects of anesthesia may occasionally make it difficult to ensure that your bite is exactly right during your appointment. **If you feel your bite is uneven or have any concerns about your new filling, give us a call at 212-764-0440.** Don’t wait too long—teeth can become sensitive if the bite is “high,” and a minor adjustment is usually all it takes to make you comfortable.